

About the PALS project resources

This webpage and its resources are part of the PALS Project, developed by Queensland Positive People. The content you will find here was not created in isolation, it was built with community, from the very beginning.

Our process started with seven original workshops held across multiple cities in Queensland, bringing together people living with HIV who also use alcohol and other drugs, including sessions with key communities. From those conversations, we heard what mattered most, what was missing, and what needed to be said without judgement.

From there, we ran a second round of workshops with community members and mainstream AOD organisations to test, challenge, and refine what we had heard. This was followed by further consultations with community to ensure the content truly reflected lived experience.

Co-design was not an afterthought here. Community voices shaped this resource at every stage. We are grateful to everyone who contributed their time, their stories, and their trust and highlight the importance of lived experience.



Queensland Positive People

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